



HEALTHY @ HOME

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Certified Experts at Your Service

Meet Leigh Ann



Leigh Ann is the founder of Healthy@Home, LLC. She is an Occupational Therapist with over 20 years of experience in a variety of settings including geriatrics, pediatrics, outpatient, home care, and mental health. The majority of her experience has been in the home care setting. She is a Certified Occupational Therapist (COT) and holds both ACE & NASM. Other certifications include...

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as healthy, safe, and independent as possible. Her goal is to combine her 20+ years of OT experience with her knowledge and love of exercise to promote healthy aging in your own home. Her areas of expertise include Neurological conditions including ALS, MS and Parkinsons, Dementia, COPD and cardiac conditions, generalized arthritis, and deconditioning.

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